



Nutritional Fact Sheet

Taco Flavored Bits

Ingredients: Textured vegetable protein (soy flour, caramel color, zinc oxide, ferrous sulfate, niacinamide, calcium pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, vitamin A palmitate, cyanocobalamin), water, soybean oil, hydrolyzed soy protein, onion powder, autolyzed yeast extract, salt, spice, natural flavorings, extractives of paprika. CONTAINS SOY

Description & Directions: Taco Flavored Bits are a textured vegetable protein product with a seasoned beef-like, flavor, aroma, and color. Rehydrate with water at a 2 to 1 ratio for use as a taco filling, or use directly in other Mexican style dishes. Best when used together with

Storage & Shelf-life: Store in original container in a cool, dry location, for 24 months. You may also reseal product in a vacuum type storage bag for extended storage. Once hydrated this product should be handled as fresh meat.

Nutrient	Per 100 grams dry	34g (app. 1/4 cup)
Energy (Calories)	366.00	124.44
Total Fat	9.00g	3.06g
Saturated Fat	1.30g	0.44g
Trans Fat	0.00g	0.00g
Cholesterol	0.00mg	0.00mg
Sodium	935.00mg	317.90mg
Total Carbohydrates	29.00g	9.86g
Dietary Fiber	13.50g	4.59g
Sugars	7.50g	2.55g
Protein	41.00g	13.94g
Vitamin A (IU)	916.00	311.44
Thiamin-B1	0.00mg	0.00mg
Riboflavin	0.00mg	0.00mg
Niacin	0.00mg	0.00mg
Vitamin B-6	0.00mg	0.00mg
Vitamin C	0.40mg	0.14mg
Calcium	205.00mg	69.70mg
Iron	12.40mg	4.22mg
Phosphorus	0.00mg	0.00mg
Potassium	0.00mg	0.00mg

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