



Nutritional Fact Sheet

Taco Flavored Bits

Ingredients: Textured Vegetable Protein (soy flour, caramel color), soybean oil, salt, inactive yeast, spices, dextrose, onion, garlic, paprika. CONTAINS SOY

Description & Directions: Taco Flavored Bits are a textured vegetable protein product with a seasoned beef-like flavor, aroma and color. Rehydrate with water at a 2 to 1 ratio for use as a taco filling or use directly in Mexican style dishes.

Storage & Shelf-life: Store in original container in a cool, dry location, for 24 months. You may also reseal product in a vacuum type storage bag for extended storage. Once hydrated, this product should be handled as fresh meat.

Nutrient	Per 100 Grams Dry
Calories	361.68 kcal
Protein	37.62 g
Total Carbohydrate	29.96 g
Sugars	11.29 g
Added Sugars	0.93 g
Dietary Fiber	16.86 g
Total Fat	16.70 g
Saturated Fat	2.76 g
Cholesterol	0.00 mg
Vitamin C	0.07 mg
Vitamin D	0.00 mcg
Calcium	316.26 mg
Iron	7.18 mg
Potassium	1733.10 mg
Sodium	2300.94 mg
Trans Fat	0.00 g