



Nutritional Fact Sheet

Strawberries

Ingredients: Freeze-Dried Strawberries

Description & Directions: Unsweetened Strawberry Slices are ready to eat. 1 pound of freeze-dried strawberries replaces 8 pound of fresh.

Storage & Shelf-life: Store in original container in a cool, dry location, for 18 months. You may also reseal product in a vacuum type storage bag for extended storage.

Nutrient	Per 100 Grams Dry
Calories	339.45 kcal
Protein	7.11 g
Total Carbohydrate	81.47 g
Sugars	51.87 g
Added Sugars	0.00 g
Dietary Fiber	21.22 g
Total Fat	3.18 g
Saturated Fat	0.16 g
Cholesterol	0.00 mg
Thiamin – B1	0.25 mg
Riboflavin – B2	0.23 mg
Niacin – B3	4.09 mg
Vitamin B6	0.50 mg
Vitamin C	623.73 mg
Vitamin D	0.00 mcg
Calcium	169.72 mg
Iron	4.35 mg
Phosphorus	254.59 mg
Potassium	1622.98 mg
Sodium	10.61 mg
Trans Fat	0.00 g