



Nutritional Fact Sheet

Banana Powder

Ingredients: Freeze-Dried Banana, Silica Dioxide

Description & Directions: Unsweetened Banana Powder is ready to eat.

Storage & Shelf-life: Store in original container in a cool, dry location, for 18 months. You may also reseal product in a vacuum type storage bag for extended storage.

Nutrient	Per 100 Grams Dry
Calories	333.88 kcal
Protein	4.09 g
Total Carbohydrate	87.19 g
Sugars	68.78 g
Added Sugars	0.00 g
Dietary Fiber	10.93 g
Total Fat	1.41 g
Saturated Fat	0.00 g
Cholesterol	0.00 mg
Thiamin – B1	0.12 mg
Riboflavin – B2	0.26 mg
Niacin – B3	2.52 mg
Vitamin B6	1.40 mg
Vitamin C	32.35 mg
Vitamin D	0.00 mcg
Calcium	19.78 mg
Iron	0.83 mg
Phosphorus	72.32 mg
Potassium	1329.20 mg
Sodium	2.38 mg
Trans Fat	0.00 g