



## Nutritional Fact Sheet

Apple Chips

**Ingredients:** Dehydrated Apples

**Description & Directions:** Unsweetened Apple Chips are ready to cook. 1 pound of dehydrated apple chips replace 1 pound of fresh.

**Storage & Shelf-life:** Store in original container in a cool, dry location, for 18 months. You may also reseal product in a vacuum type storage bag for extended storage.

Nutrient	Per 100 Grams Dry
Calories	388.00 kcal
Protein	1.80 g
Total Carbohydrate	94.50 g
Sugars	65.90 g
Added Sugars	0.00 g
Dietary Fiber	15.10 g
Total Fat	0.30 g
Saturated Fat	-- g
Cholesterol	0.00 mg
Thiamin – B1	-- mg
Riboflavin – B2	-- mg
Niacin – B3	-- mg
Vitamin B6	-- mg
Vitamin C	3.43 mg
Vitamin D	-- mcg
Calcium	19.30 mg
Iron	0.80 mg
Phosphorus	-- mg
Potassium	720.00 mg
Sodium	75.30 mg
Trans Fat	0.00 g