



Nutritional Fact Sheet

Taco Flavored Bits

Ingredients: Textured vegetable protein (soy flour, caramel color, zinc oxide, ferrous sulfate, niacinamide, calcium pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, vitamin A palmitate, cyanocobalamin), water, soybean oil, hydrolyzed corn-soy-wheat protein, onion powder autolyzed yeast extract, salt, spice, natural flavorings, extractives of paprika.

Description & Directions: Taco Flavored Bits are a textured vegetable protein product with a seasoned beef-like, flavor, aroma, and color. Rehydrate with water at a 2 to 1 ratio for use as a taco filling, or use directly in other Mexican style dishes. Best when used together with Unflavored Textured Vegetable Protein, or with Beefish Bits.

Storage & Shelf-life: Store in original container in a cool, dry location, for 24 months. You may also reseal product in a vacuum type storage bag for extended storage. Once hydrated this product should be handled as fresh meat.

Nutrient	Per 100 grams dry	34g (app. 1/4 cup)
Energy (Calories)	366	124.44
Total Fat	9g	3.06g
Saturated Fat	1.3g	0.442g
Trans Fat	0g	0g
Cholesterol	0mg	0mg
Sodium	935mg	317.9mg
Total Carbohydrates	29g	9.86g
Dietary Fiber	13.5g	4.59g
Sugars	7.5g	2.55g
Protein	41g	13.94g
Vitamin A (IU)	916	311.44
Thaimin-B1	0mg	0mg
Riboflavin	0mg	0mg
Niacin	0mg	0mg
Vitamin B-6	0mg	0mg
Vitamin C	0.4mg	0.136mg
Calcium	205mg	69.7mg
Iron	12.4mg	4.216mg
Phosphorus	0mg	0mg
Potassium	0mg	0mg

Plant Location: 806 Rivit Street, Greenville, NC 27834

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