



Nutritional Fact Sheet

Strawberries

Ingredients: Freeze Dried Strawberries.

Description & Directions: Unsweetened Strawberry Slices are ready to eat. 1 pound of freeze dried strawberries replaces 8 pounds of fresh.

Storage & Shelf-life: Store in original container in a cool, dry location, for 18 months. You may also reseal product in a vacuum type storage bag for extended storage.

Nutrient	Per 100 grams dry	3.5g (app. 1/4 cup)
Energy (Calories)	375.12	13.1292
Total Fat	1.05g	0.03675g
Saturated Fat	0.04g	0.0014g
Trans Fat	0g	0g
Cholesterol	0mg	0mg
Sodium	14.28mg	0.4998mg
Total Carbohydrates	87.31g	3.05585g
Dietary Fiber	14.99g	0.52465g
Sugars	49.69g	1.73915g
Protein	4.11g	0.14385g
Vitamin A (IU)	321.3	11.2455
Thaimin-B1	0.16mg	0.0056mg
Riboflavin	0.26mg	0.0091mg
Niacin	3.3mg	0.1155mg
Vitamin B-6	0.2mg	0.007mg
Vitamin C	294.17mg	10.29595mg
Calcium	114.24mg	3.9984mg
Iron	5.36mg	0.1876mg
Phosphorus	92.82mg	3.2487mg
Potassium	1056.72mg	36.9852mg

Plant Location: 806 Rivit Street, Greenville, NC 27834

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