



Nutritional Fact Sheet Potatoes, Sliced

Ingredients: Dehydrated Potatoes, Sliced (sodium bisulfite added).

Description & Directions: Fresh, mature, potatoes are washed, peeled, sliced, and dried to specifications. Cover potatoes in boiling water for 10-15 minutes, or in cold water for 1-2 hours. Use 2 parts water to 1 part product. Rehydration ratio is about 1:8.

Storage & Shelf-life: Store in original container in a cool, dry location, for 24 months. You may also reseal product in a vacuum type storage bag for extended storage.

Nutrient	Per 100 grams dry	24g (app. 1/2 cup)
Energy (Calories)	357	85.68
Total Fat	0.34g	0.0816g
Saturated Fat	0.09g	0.0216g
Trans Fat	0g	0g
Cholesterol	0mg	0mg
Sodium	55mg	13.2mg
Total Carbohydrates	83.08g	19.9392g
Dietary Fiber	5.9g	1.416g
Sugars	3.52g	0.8448g
Protein	6.9g	1.656g
Vitamin A (IU)	0	0
Thaimin-B1	0.23mg	0.0552mg
Riboflavin	0.05mg	0.012mg
Niacin	3.51mg	0.8424mg
Vitamin B-6	0.77mg	0.1848mg
Vitamin C	3.8mg	0.912mg
Calcium	65mg	15.6mg
Iron	1.38mg	0.3312mg
Phosphorus	168mg	40.32mg
Potassium	1001mg	240.24mg

Plant Location: 806 Rivit Street, Greenville, NC 27834

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