



Nutritional Fact Sheet

Chive Rings

Ingredients: Dehydrated Chives.

Description & Directions: Fresh, mature, chives are washed, trimmed, diced, and dried to specifications. Rehydrate in boiling water for 3-6 minutes, or in cold water for 1-2 hours. Use 2 parts water to 1 part product. Rehydration ratio is about 1:10.

Storage & Shelf-life: Store in original container in a cool, dry location, for 24 months. You may also reseal product in a vacuum type storage bag for extended storage.

Nutrient	Per 100 grams dry	1g (app. 1 Tbs)
Energy (Calories)	311	3.11
Total Fat	26.2g	0.262g
Saturated Fat	0.59g	0.0059g
Trans Fat	0g	0g
Cholesterol	0mg	0mg
Sodium	70mg	0.7mg
Total Carbohydrates	64.3g	0.643g
Dietary Fiber	26.2g	0.262g
Sugars	14.7g	0.147g
Protein	21.2g	0.212g
Vitamin A (IU)	43,530	435.3
Thaimin-B1	0.9mg	0.009mg
Riboflavin	1.5mg	0.015mg
Niacin	5.9mg	0.059mg
Vitamin B-6	2mg	0.02mg
Vitamin C	660mg	6.6mg
Calcium	813mg	8.13mg
Iron	20mg	0.2mg
Phosphorus	518mg	5.18mg
Potassium	2960mg	29.6mg

Plant Location: 806 Rivit Street, Greenville, NC 27834

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