



## Nutritional Fact Sheet Beefish Chunks

**Ingredients:** Textured vegetable protein (soy flour, caramel color), soybean oil, water, hydrolyzed corn-soy-wheat protein, autolyzed yeast extract, salt.

**Description & Directions:** Beefish Chunks are a textured vegetable protein product with a beef-like, flavor, aroma, and color. Rehydrate with water at a 2 to 1 ratio for use as beef chunks, or use directly in soups, stews, and other dishes.

**Storage & Shelf-life:** Store in a cool dry place for 24-36 months. Seal in an airtight container to repel insects.

Nutrient	Per 100 grams dry	26g (app. 1/4 cup)
Energy (Calories)	314	78.78
Total Fat	11g	2.08g
Saturated Fat	1.5g	0.312g
Trans Fat	0g	0g
Cholesterol	0mg	0mg
Sodium	978mg	381.68mg
Total Carbohydrates	27g	8.06g
Dietary Fiber	12.5g	3.276g
Sugars	7.2g	2.73g
Protein	39g	10.14g
Vitamin A (IU)	32	8.32
Thaimin-B1	0mg	0mg
Riboflavin	0mg	0mg
Niacin	0mg	0mg
Vitamin B-6	0mg	0mg
Vitamin C	0mg	0mg
Calcium	195mg	50.7mg
Iron	7.3mg	1.898mg
Phosphorus	0mg	0mg
Potassium	0mg	0mg

Plant Location: 806 Rivit Street, Greenville, NC 27834

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