



Nutritional Fact Sheet

Apple Dices

Ingredients: Freeze Dried Apple Dices.

Description & Directions: Unsweetened Apple Dices are ready to eat. 1 pound of freeze dried apple replaces 10 pounds of fresh.

Storage & Shelf-life: Store in original container in a cool, dry location, for 18 months. You may also reseal product in a vacuum type storage bag for extended storage.

Nutrient	Per 100 grams dry	8g (app. 1/4 cup)
Energy (Calories)	342.99	27.4392
Total Fat	0g	0g
Saturated Fat	0g	0g
Trans Fat	0g	0g
Cholesterol	0mg	0mg
Sodium	0mg	0mg
Total Carbohydrates	94.32g	7.5456g
Dietary Fiber	21.44g	1.7152g
Sugars	68.6g	5.488g
Protein	0g	0g
Vitamin A (IU)	427.73	34.2184
Thaimin-B1	0mg	0mg
Riboflavin	0mg	0mg
Niacin	0mg	0mg
Vitamin B-6	0mg	0mg
Vitamin C	20.58mg	1.6464mg
Calcium	0mg	0mg
Iron	1.54mg	0.1232mg
Phosphorus	0mg	0mg
Potassium	728.84mg	58.3072mg

Plant Location: 806 Rovit Street, Greenville, NC 27834

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